

## We are all One - an invitation



Since the early days of the One Spirit Alliance in 2010 we have held the importance of “unity and diversity” as an underpinning idea. We have shared our diversity and engaged in a few co-operative endeavours with maybe our hearts and the right hemispheres of our brains intuitively open to possibilities for deeper connection but maybe the more rational left sides of our heads still holding us to old ideas of separation. From this fragmented world view even as spiritual groupings we have a tendency to see ourselves as somehow in competition for ‘members’, for ‘resources’, for ‘recognition’ or whatever.

Today this is changing. Science (see references) is now bringing us compelling, scientifically based evidence of the truly unified nature of reality which reconciles with universal spiritual experience and affirms what the mystics of all the traditions have told us through the ages. And this realisation is spreading just in time for, without being histrionic, far seeing people are realising that currently, as a species, we are racing towards extinction based on an outdated world view that only perceives separation, teaches competition and engages in conflict as the best route to survival. So caught up are we all in our daily busyness, so accustomed to viewing material still as the only reality, so habituated into our own religion, viewpoint, or mind-set that we are only just awakening to the fact that evolution is always moving us onwards and is now pushing us to take big strides as individuals, as groups and as nations. Albert Einstein saw this almost a century ago:

*“A human being is part of the whole, called by us, Universe, a part limited in time and space. He experiences himself, his thoughts and feeling as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty”*

Two key forces are now pulling at us: “Breakdown and Perish or Breakthrough and Thrive”

Once we understand what is happening we can affirm Richard Attenborough’s statement “I decided I could no longer look into the eyes of my grandchildren and hear them say, ‘do you mean that you knew what was happening and chose to do nothing?’”

I, for one, am currently giving my all to understanding, embodying and communicating the reality and values inherent in unity awareness and how this brings us to the realisation that consciousness is not something that we have but what we and the whole world are and that the fundamental connection of ‘me’ and ‘we’ means that the choices each of us make determine the fate of all of us.

If the responsibility for leading the way in embracing the implications of our fundamental interconnectedness were to rest on the shoulders of one grouping might it not rest on those who already grasp the dimension of Spirit and walked a path of faith? Might it be our role to collectively understand, communicate and radiate this knowing? And might an opportunity to learn more and share with others be a good next step?

If so, do please join me for a day on [“We are all One” in London on Saturday, November 3<sup>rd</sup> \(click here for information\)](#) organised by CANA and jointly promoted by OSA and other organisations. See also [www.cana.org.uk](http://www.cana.org.uk) for more information.